



SHERATON
Cascais Resort

This Is Where
You Belong





RESTAURANT CUISINE

GLASS
TERRACE

MEDITERRANEAN CUISINE

Breakfast: 07AM - 11AM
Lunches: 12:30PM - 03:30PM
Brunch: 12:30PM-03:30PM
(weekend, seasonal opening hours)
Dinners: 06:30PM -11PM
*Schedules may change

YAKUZA
BY Olivier
CASCAIS

ORIENTAL CUISINE

Opened from Tuesday to Sunday
Fridays and Saturdays: 06:30PM-00AM
Other days: 06:30PM-11PM

Flow
POOL BAR

Light meals, cocktails and natural juices
Seasonal opening hours



Light meals, cocktails and natural juices
Seasonal opening hours

Room Service

Every day: 24h

Sheraton Cascais Resort

Rua das Palmeiras, Lote - 5 Quinta da Marinha
T +351 214 829 100
sheratoncascaisresort.com
info@sheratoncascaisresort.com

LOCATION

Located in the heart of Quinta da Marinha, the most exclusive area of the village of Cascais and just 20 minutes from the center of Lisbon, the Sheraton Cascais Resort is the ideal destination for all occasions: family holidays, or business trips in a privileged region Lisbon by the sea.

HOTEL SERVICES

Air conditioning; lifts; free internet in public areas; business center; 24 hour reception; guest service; valet parking; indoor and outdoor parking; Serenity Spa - The Art of Well Being; gym open 24 hours; heated outdoor pool, vehicle and bicycle rental; private transfer services; special conditions for Golf on nearby courses.

FACILITIES

Flat screen television with cable and satellite channels; wireless internet; telephone; air conditioning; hair dryer; secure vault; mini bar; room service; wake-up service; fire detectors; private balcony or terrace; kitchenette or fully equipped kitchen and Nespresso coffee machines (except Deluxe Rooms)

ACCOMMODATION

In total, the Sheraton Cascais Resort has 153 accommodations.
1 Deluxe room adapted for people with reduced mobility.

Description	Area	Inventory by room type	Maximum Capacity
Deluxe Premium Queen Room	32-43 sqm	27	3 (adults) or 2+1 (adults and children)
Deluxe Premium Twin Room	32-43 sqm	17	3 (adults) or 2+1 (adults and children)
Queen Deluxe Premium Suite	53-73 sqm	55	3 (adults) or 2+2 (adults and children)
Twin Deluxe Premium Suite	53-73 sqm	18	3 (adults) or 2+2 (adults and children)
Deluxe Premium Suite	119-134 sqm	12	6 (adults) or 4+4 (adults and children)
Superior Suite 2 Bedroom Garden's View	119-134 sqm	5	6 (adults) or 4+4 (adults and children)
Superior Suite 2 Bedroom Garden's Access	119-134 sqm	3	6 (adults) or 4+4 (adults and children)
Panoramic Suite	119 sqm	1	5 (adults) or 4+2 (adults and children)
Suite Deluxe 3 Bedroom	182-207 sqm	3	6
Premium 3 Bedroom Residence	189-207 sqm	10	7
Premium 4 Bedroom Residence	210 sqm	2	9
Total		153	

GENERAL INFORMATION

Rating: 5 stars
Year of construction: 2007
Last refurbishment: 2021
Number of Floors: 3



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SERENITY SPA THE ART OF WELL BEING

Monday to Sunday: 10:00 AM – 08:00 PM
(Schedule may change)

Sheraton Cascais Resort has an award-winning spa, Serenity - The Art of Well Being. This brand is designed to provide memorable experiences, perfect environments and programs that will promote health and well-being in its broadest sense - body, mind and spirit. Equipped with a thermal area with sauna, hydrotherapy and Turkish baths.

ACTIVE BY SERENITY

A place with the most modern equipment for sports-men, with panoramic windows overlooking the interior gardens, making it the ideal place for training at any time of the day or night, since it is open 24 hours a day.

BRAVE KIDS (SEASONAL)

With a decoration inspired by indigenous adventures, the space designed with the little ones in mind promises moments of fun and relaxation for the whole family. From May to October, children can have fun in this space as long as they are accompanied by their parents. From May to the end of September, Brave Kids has a set of activities promoted by an animation team, with activities such as workshops, traditional games, tournaments and much more.

MEETING ROOMS

The Sheraton Cascais Resort has a specialized team for organizing corporate and personal events, providing a unique service both in terms of organization and Food & Beverage. The Resort offers various indoor and outdoor spaces for events, ensuring unforgettable and exclusive moments. Spaces such as multifunctional rooms with a capacity for groups of up to 150 guests, suites that can be converted into small meeting rooms, two underground parking lots that can be privatized, as well as immaculate gardens, creating the perfect setting for special events, including car launches.

MEETING ROOMS	DIMENSIONS (m)	AREA (sqm)	SCHOOL	THEATRE	CABARET	BOARDROOM	COCKTAIL	U	BANQUET	
									Rounds of 9	Rounds of 10
Sintra	8.7x4.66x3.6	44 sqm	30	36	18	14	40	21	30	36
Estoril	8.7x4.76x3.6	44 sqm	30	36	18	24	40	21	30	36
Cascais I	6.25x4.62x3.6	32 sqm	24	21	18	24	30	15	27	30
Cascais II	8.76x4.62x3.6	42 sqm	30	36	18	24	40	21	30	36
Sintra + Estoril	8.7x9.24x3.6	88 sqm	60	80	36	36	100	27	72	80
Cascais I + Cascais II	15x9.24x3.6	74 sqm	60	84	36	48	80	39	50	63
Sintra + Estoril + Cascais II	15.11x14.23x3.6	162 sqm	120	170	60	57	120	45	108	110
Breakout Room	9.35x4.45x3.2	52 sqm	30	46	18	24	40	24	-	30
Acqua	-	56 sqm	21	30	21	20	-	21	-	-
Fusion	7x4.7x2.4	33 sqm	-	-	-	18	-	-	-	-

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